

Tips for Improving Communication with Patients with Aphasia

From setting goals to working through therapy exercises, communication is key. When working with a patient with aphasia, it might be harder for them to understand you and to communicate their thoughts and needs. Here are 12 tips to help improve communication during your sessions:

- 1. Minimize distractions and background noise
- 2. Keep communication simple, but adult
- 3. Use several modes of communication
- 4. Allow time for a response
- 5. Talk with the person who has aphasia, not for them
- 6. Establish topic, indicate when topic changes
- 7. Present ideas one at a time
- 8. Use yes/no questions to confirm understanding
- 9. Use gestures, facial expressions and body language
- 10. Draw pictures and write key words to help convey messages
- 11. Use visual aids and pictures to convey ideas and help with goal setting
- 12. Use high-tech AAC to convey personal information, share medical information, and create customized icons and exercises

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